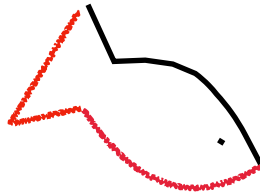




Try these activities at home to think “outside the lines” with your own little artist!

## Art Activity: Squiggles

Have your child create one short “squiggle” on paper, using a marker or crayon. Then, take that squiggle and turn it into a drawing. What can their squiggle become? Next, draw a squiggle for your child to add on to. What can they turn your line into? What do they see in the line? This is a great activity to do anywhere - all you need is a piece of paper and something to write with!



## Get Up And Move: Fastland & Slowland

Divide a room into two sections — Slowland and Fastland. In Slowland, everyone must move their whole body slowly. And in Fastland, everyone moves fast! Start in one land, and move your body accordingly. Then, switch to the opposite “land.” How does it feel to be in each land? Do you have a land you prefer? Which land seemed more relaxing? Tiring? Exciting? To extend this activity, play snippets of songs that have fast or slow tempos. While listening to the music, decide which land to dance in for each song. Encourage your child to move his or her body in time with the music.

## Your Turn: Pen Pals

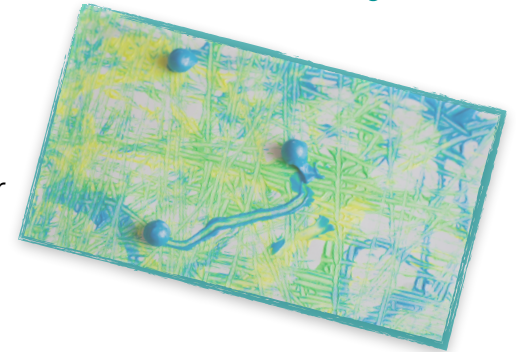


Now that you’ve seen Bud and Vi send letters through the mail, it’s your turn! Encourage your child to draw a picture of what he or she sees outside your window. Pick a friend or relative who lives in another city, state or country, and mail the picture with a note encouraging them to write back. You can even include photos from around your neighborhood or a special item when you send it off! Let your child place the stamp on the envelope and bring it to a mailbox to send far away!

## Art Activity: Marble Line Painting

### Supplies

- Marbles
- Paint and Paper
- Muffin tin, egg carton or small bowls
- Box
- Spoons



Instead of a paintbrush, paint lines using marbles! Set the paper inside a shallow box, and then pour different colors of paint into muffin tins, egg carton sections or small bowls. Have your little one drop a marble into each color, and use a spoon to take it out and drop it on the paper. As they pick up the box, they can roll the marble around the paper to create colored tracks.

Experiment with the different lines you can make — how can you tilt the box to make curved or straight lines?



**arts on the horizon**  
Theatre for children 0-6 years old in Northern Virginia