



# Family Guide

## Make Your Own Map!

- Cold Coffee or Black Tea (the stronger the better)
- Rollers or Big Paint Brushes
- White Paper
- Black Markers or Black Paint & Thin Brushes
- *Optional: stickers or cutout shapes for symbols on map*

Paint a big piece of paper with strong coffee or black tea. Use big brushes to cover the whole page. Once dry (overnight), use markers of thin brushes to draw a twisty path to follow on the map. Experiment with different types of lines: straight, curvy, zig-zag, etc. You might add cut out shapes of different map symbols or some nature/pirate stickers for extra fun!

## Music & Movement: Teddy Bear

Follow the directions of the lyrics to get your whole family moving.

Teddy Bear, Teddy Bear, turn around.  
Teddy Bear, Teddy Bear, touch the ground.  
Teddy Bear, Teddy Bear, jump up high.  
Teddy Bear, Teddy Bear, touch the sky.  
Teddy Bear, Teddy Bear, bend down low.  
Teddy Bear, Teddy Bear, touch your toes.  
Teddy Bear, Teddy Bear, turn off the light.  
Everybody say shh!  
Teddy Bear, Teddy Bear, say goodnight.

## Let's Imagine: Cross the Room

Jayden and Mr. Bear have big imagination adventures. Spark your child's imagination with this fun activity! Start on one side of your yard or a room with space to move. Imagine how you might move from one side to the other if the floor were hot sand. *Would you move quickly so you wouldn't burn your feet? Would you only step with your toes? What sounds might you make?* Imagine the floor is...

- Cold Tile
- Pudding
- Soft Clouds
- Full of Puddles
- Covered in Bubble Gum
- Hot Lava
- Deep Water
- On the Moon
- Muddy and Messy
- Creaky Floorboards



## Recommended Reading

Try these books about loyal toys and big adventures:

### Corduroy

by Don Freeman

### Found

by Salina Yoon

### Once Upon a Cool Motorcycle Dude

by Kevin O'Malley & Carol Heyer

## Share Your Adventure!

Take a photo of your little one having an adventure with their buddy. Post to social media with #AOTHadventure - we can't wait to see!



## Where's Mr. Bear?

Mr. Bear went on a big adventure! He left you this map to find him! Follow the map from the star to the paw print, pretending to go through the forest, the cave, the mountains, and the pond to get to him!